

# Artiz<sup>®</sup>

## Cetirizine Hydrochloride Tablets

### Composition:

Each film-coated tablet contains:

Cetirizine dihydrochloride 10 mg .

Excipients: Lactose, cellulose, povidone, magnesium stearate, silicon dioxide, HPMC, talc, polyethylene glycol and E171.

### Properties:

Artiz is an anti-allergic agent with a histamine H1 receptor antagonism devoid of any significant anticholinergic and anti-serotonin effects.

Cetirizine also reduces eosinophil recruitment induced by antigen-antibody reaction.

Peak blood levels are reached within one hour after oral administration of Cetirizine. The terminal half life is approximately 10 hours in adults, 6 hours in children aged 6 to 12 years and 5 hours in children aged 2 to 6 years.

Plasma levels are linear related to the dose given.

A high proportion of Cetirizine is bound to human plasma proteins.

### Indications:

Artiz is indicated to treat allergic conditions responding to a histamine H1 receptor antagonist.

- Respiratory : Allergic rhinitis (seasonal, perennial), hay fever.

- Cutaneous : Allergic skin conditions associated with pruritus e.g. urticaria.

### Contraindications:

Artiz is contraindicated in patients with known hypersensitivity to any of its components.

Not to be given for lactating women since the active ingredient is excreted in breast milk, and not in pregnancy.

### Precautions:

Precautions and dosing adjustment is necessary in patients with moderate or severe renal impairment, dialysis patients and in patients with hepatic impairment.

### Interactions with other drugs:

Studies with diazepam and cimetidine have revealed no evidence of interactions.

No drug interactions have been found with theophylline (at low dose), azithromycin, pseudoephedrine, ketoconazole, or erythromycin.

A small decrease in the clearance of Cetirizine is caused by a 400 mg dose of theophylline.

Concomitant use with CNS depressants and anticholinergics increases their toxicity.

### Warnings:

Avoid driving a car, operating potentially dangerous machinery, drinking alcohol or using CNS depressants concurrently with Cetirizine, due to additional reduction in alertness and additional impairment of CNS performance.

### Dosage and Administration:

**Adults and children older than 12 years old:** One tablet daily.

**Children 6 to 12 years old:** Half a tablet twice daily or one tablet once daily.

### Overdosage:

In adults drowsiness may be a symptom of overdosage, in children agitation may occur .

Treatment should be symptomatic and supportive with gastric lavage.

### Side Effects:

Mild and transient side effects such as: Headache, dizziness, drowsiness, agitation, dry mouth, increased appetite, nervousness and gastro-intestinal discomfort.

Hypersensitivity reaction including skin reactions and angio-edema may develop.

Consult your Physician or Pharmacist if any side effect is observed.

### Pharmaceutical Precautions:

Keep at room temperature (15-30 °C).

Do not use beyond the expiry date or if the product shows any signs of deterioration.

### Presentations:

Packs of 10 tablets.

Hospital packs are available.

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#### THIS IS A MEDICAMENT

- Medicament is a product which affects your health and its consumption contrary to instructions is dangerous for you.
- Strictly follow the doctor's prescription, the method of use and the instructions of the pharmacist who sold the medication.
- The doctor and the pharmacist are experts in medicine, its benefits and risks.
- Do not by yourself interrupt the period of treatment prescribed for you.
- Do not repeat the same prescription without consulting your doctor.

**Keep medicament out of reach of children.**

Council of Arab Health Ministers & Union of Arab Pharmacists.



Manufactured by:  
TABUK PHARMACEUTICAL MANUFACTURING COMPANY,  
P.O. Box 3633, TABUK-SAUDI ARABIA.

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